

# Effects of Wild Blueberry Consumption on Brain Function in Elderly

NCT07177781

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Maastricht University Medical Center
<b>Enrollment</b>	36 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Men and women, aged between 60-75 years
- BMI between 25-35 kg/m<sup>2</sup> (overweight or obese)
- Fasting plasma glucose  $\leq$  7.0 mmol/L
- Fasting serum total cholesterol  $\leq$  8.0 mmol/L
- Fasting serum triacylglycerol  $\leq$  4.5 mmol/L
- ... and 4 more (see full listing online)

### Exclusion (13)

- Allergy or intolerance to berries
- Left-handedness
- Current smoker, or smoking cessation  $\leq$  12 months
- Diabetic patients
- Familial hypercholesterolemia
- ... and 8 more (see full listing online)

## Locations (1 total)

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Maastricht University, Departement of Nutrition and Movement Sciences, Maastricht, Limburg, Netherlands