

Evaluating the Auricular Point Acupressure-Self Management Program for Chronic Musculoskeletal Pain Among Rural Populations

NCT07179016

Status	RECRUITING
Phase	Not Applicable
Sponsor	The University of Texas Health Science Center, Houston
Enrollment	693 participants

Key Eligibility Criteria

Inclusion (2)

- Receive any pain management for CMP (neck, back, shoulder, hands, hips, knees, feet)
- Have CMP e 4 on a scale of 0-10 that has persisted for at least 3 months or has resulted in pain on at least half the days in the past 6 months

Exclusion (4)

- Severe ear skin disorder (Diagnosed with conditions e.g., eczema, lupus with skin involvement) which often require medical intervention and severe allergy to tape
- Inability or unwillingness to provide informed consent
- Use of some type of hearing aid where size may obstruct seed placement
- Not living in rural area

Locations (3 total)

University of South Carolina, Columbia, South Carolina, United States
University of North Texas Health Science Center at Fort Worth, Fort Worth, Texas, United States
The University of Texas Health science Center at Houston, Houston, Texas, United States