

# Technology-Enabled Collaborative Care for Diabetes and Mental Health

NCT07181863

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	McMaster University
<b>Enrollment</b>	160 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Adults e18 years old
- Diagnosed with type 2 diabetes (T2D)
- Experiencing mental health challenges, defined as:
- Hospital Anxiety and Depression Scale (HADS) score e8 on either subscale OR
- Diabetes Distress Scale (DDS) score e2
- ... and 3 more (see full listing online)

### Exclusion (1)

- Diagnosis of severe mental illness (e.g., schizophrenia, psychotic disorder)

## Locations (1 total)

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McMaster University, Hamilton, Ontario, Canada