

Determinants of Cardiorespiratory Fitness and Effects of HIIT in Patients With ANOCA Obstructive Coronary Artery Disease(ANOCA)

NCT07182955

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Virginia
Enrollment	25 participants

Key Eligibility Criteria

Inclusion (7)

- Age 18-85
- ANOCA (Anginal symptoms of chest pain or exertional dyspnea suspected to be from myocardial ischemia Invasive or CT coronary angiogram without obstructive epicardial CAD (e50% left main or e70% other epicardial stenosis or fractional flow reserve d0.80)
- Able to use the wearable and participate in a remote exercise program
- Able to participate in intermittent high-intensity training.
- Able to perform cardiopulmonary exercise testing (CPET)
- ... and 2 more (see full listing online)

Exclusion (9)

- Systolic heart failure (LVEF <50% or NYHA class III symptoms)
- Prior myocardial infarction, coronary revascularization
- Inability to safely undergo cardiopulmonary exercise testing, based on investigator's judgment
- Pregnancy (due to unknown effects on CPET exercise markers)
- Inability to provide informed consent
- ... and 4 more (see full listing online)

Locations (1 total)

University of Virginia Health System, Charlottesville, Virginia, United States