

L-theanine and Paraxanthine for Cognitive Improvement in Adults With ADHD and ASD

NCT07189442

Status	RECRUITING
Phase	Not Applicable
Sponsor	Texas Tech University Health Sciences Center
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (2)

- Adults (18+ years) diagnosed by a physician (per self-report) with ADHD or ASD
- * Participants with a dual diagnosis and ASD and ADHD will be recruited but will only be included in the ASD group - their concurrent ADHD diagnosis will be included as an additional variable in exploratory analyses

Exclusion (16)

- Subjects with gross visual or auditory impairments that might limit their ability to perform neuropsychological tasks
- Inability to read and follow written instructions
- Physical, neurological, intellectual, or psychiatric impairments (except ADHD or ASD) that could affect cognitive and motor functions
- Subjects on medications including antidepressants and antipsychotics that may affect performance in the tasks
- Subjects on medications that are likely to interact with the administered substances, including regular intake of medication that could alter visual, auditory, cognitive, or motor functions (except stimulants)

... and 11 more (see full listing online)

Locations (1 total)

Texas Tech University, Lubbock, Texas, United States