

A Reinforced Mindfulness-Based Intervention to Reduce Problematic Drinking Among Hispanic Emerging Adults

NCT07192094

Status	RECRUITING
Phase	Not Applicable
Sponsor	Florida International University
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (3)

- self-identified Hispanic,
- years old,
- engaged in 2 or more occasions of heavy episodic drinking occasions (HED) (4/5 drinks in one sitting for females/males) during the previous 30-days

Exclusion (2)

- Five or more binge drinking episodes (5+ drinks in one sitting) in the past 30 days, which averages more than once per week.
- Weekly or more frequent use of other substances, including non-prescribed prescription drugs, illegal drugs, inhalants, or synthetic drugs.

Locations (1 total)

Academic Health Center 5 (AHC 5), Miami, Florida, United States