

Women's Wellbeing Study

NCT07195019

Status	RECRUITING
Phase	Not Applicable
Sponsor	Butler Hospital
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (7)

- Female
 - Ages 18-65
 - Report having experienced interpersonal violence (defined to include all forms throughout the lifespan, confirmed with the Trauma History Questionnaire (THQ))
 - Report being distressed, defined by a score of ≥ 5 on the Kessler-6 screener
 - Speak and understand English well enough to understand questionnaires when they are read aloud
- ... and 2 more (see full listing online)

Exclusion (13)

- Inability to be physically active, determined by a score ≥ 1 on the Physical Activity Readiness Questionnaire (PAR-Q) and physician non-consent of participation
 - Planned surgery in next 6 months, as this would interfere with study participation
 - Pregnancy, as yoga should be modified for pregnancy
 - Women who meet criteria for the following:
 - Current mania as determined by the Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders (DIAMOND)
- ... and 8 more (see full listing online)

Locations (1 total)

Butler Hospital, Providence, Rhode Island, United States