

Redox Status and Exercise Training-induced Adaptations

NCT07196852

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Thessaly
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (7)

- BMI 25-35 kg/m²
- Free of musculoskeletal injuries
- Free of chronic non-communicable diseases
- Do not receive any drug therapy
- Do not receive dietary supplements
- ... and 2 more (see full listing online)

Exclusion (5)

- NAC intolerance
- Bleeding disorders
- Kidney disease
- Asthma
- Usage of blood thinners and/or angina medication

Locations (1 total)

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