

Effect of Physical-Cognitive Training in Older Adults

NCT07199426

Status	RECRUITING
Phase	Not Applicable
Sponsor	Medipol University
Enrollment	34 participants

Key Eligibility Criteria

Inclusion (3)

- Score of 24 or higher on the Standardized Mini-Mental State Examination (MMSE)
- Ability to walk independently without assistance
- Willingness to provide written informed consent

Exclusion (4)

- Participation in another clinical study during the study period
- Presence of neurological or psychiatric diagnoses
- Conditions that impair walking or mobility
- Uncontrolled hypertension or cardiovascular disease

Locations (1 total)

Istanbul Medipol University, Istanbul, Beykoz, Turkey (Türkiye)