

Changes in Soft Tissue Thickness Following Multiple Coronally Advanced Tunnel (MCAT) vs Vestibular Incision Subperiosteal Tunnel Access (VISTA)

NCT07200258

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidad Complutense de Madrid
Enrollment	44 participants

Key Eligibility Criteria

Inclusion (6)

- Periodontally and systemically healthy adults (age ≥ 18 years).
- At least two adjacent sites exhibiting gingival recessions classified as recession type 1 (RT1) or type 2 (RT2) (Cairo et al., 2011), associated with dental hypersensitivity or aesthetic concerns.
- Presence ≥2 mm depth on at least one recession
- Smokers ≤ 10 cigarettes.
- Full-mouth plaque and bleeding scores ≤ 20%.
- ... and 1 more (see full listing online)

Exclusion (5)

- Compromised general health.
- Pregnancy or attempting to get pregnant (self-reported).
- Untreated periodontal diseases
- Presence of: (i) severe tooth malposition; (ii) root caries or inadequate prosthetic restorations; (iii) previous periodontal plastic surgery at the experimental sites.
- Smokers > 10 cigarettes

Locations (1 total)

University Complutense of Madrid, Madrid, Spain