

# Chronic Ingestion of Fructooligosaccharide and Psyllium on Intestinal Transit in Women With Functional Constipation: A Randomized Crossover Trial

NCT07202481

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Federal University of Minas Gerais
<b>Enrollment</b>	25 participants

## Key Eligibility Criteria

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### Inclusion (11)

- Female participants aged 18-59 years.
- Willingness to sign the Informed Consent Form .
- No restrictions on the consumption of egg or gluten.
- No history or diagnosis of gastrointestinal diseases other than functional constipation.
- Non-smokers.
- ... and 6 more (see full listing online)

### Exclusion (3)

- Diagnosis of diabetes, severe hyperthyroidism, or hypothyroidism.
- Use of opioid medications.
- Delayed gastric emptying at 4 hours during the placebo period (participants meeting this criterion will be excluded from final analysis).

## Locations (1 total)

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School of Nursing, Federal University of Minas Gerais, Belo Horizonte, Minas Gerais, Brazil