

Additional Effects of Niel-asher Technique on Patients With Adhesive Capsulitis

NCT07203963

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (6)

- Age 40-60 years
- Both Genders: Male and Female
- Patient falls under diagnostic criteria for adhesive capsulitis which is Painful and limited active and passive glenohumeral ROM in capsular pattern (external rotation\> abduction\> internal rotation)
- Patient diagnosed with adhesive capsulitis by orthopedic or general physician
- Patient with phase two and three of adhesive capsulitis based on duration of symptoms
- ... and 1 more (see full listing online)

Exclusion (9)

- Spinal Injuries and any other co- morbidity
- Any surgery, infection, trauma, pregnancy, fracture and fall
- Patient with intra articular steroidal therapy with in last 6 months
- Patient unwilling to comply follow up schedule
- Patient involvement in another intervention study
- ... and 4 more (see full listing online)

Locations (1 total)

Shafi International Hospital, Islamabad, Punjab Province, Pakistan