

The Effects of Four Instant Maize Porridges on Satiety Measures

NCT07204470

Status	RECRUITING
Phase	Not Applicable
Sponsor	PepsiCo Global R&D
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (7)

- Availability to participate on the test days
- Interest and consent to participate in the study
- Participants must be willing to fast 10 hours overnight before the test breakfast meal (only water allowed)
- Products and meals high in fiber, alcohol and strenuous exercise should be avoided 24 hours before the test
- Age 18-35 years
- ... and 2 more (see full listing online)

Exclusion (13)

- Pregnancy; breast-feeding
- History of gastrointestinal disease having an impact on food absorption or digestion; anorexia nervosa or bulimia nervosa
- Anaemia
- Hypoglycaemia
- Cardiovascular disease; elevated plasma glucose; unstable thyroid function
- ... and 8 more (see full listing online)

Locations (1 total)

U. Pretoria, Pretoria, South Africa