

Task-Specific Self-Rehabilitation Training (TASSRET) Trial

NCT07208422

Status	RECRUITING
Phase	Not Applicable
Sponsor	National Assembly Clinic
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (8)

- Are aged 18 years or older
- Diagnosed with a first-ever episode of ischemic or haemorrhagic stroke (including intracerebral haemorrhage and subarachnoid haemorrhage)
- Speaks and understands the Hausa language
- Living within the community and having no access to physiotherapy care
- Having access to an Android phone
- ... and 3 more (see full listing online)

Exclusion (4)

- Had cerebrovascular events due to malignancy or head trauma
- Had been diagnosed with other neurological disorders
- Were not permanent residents of the selected communities
- Were currently receiving any form of physical rehabilitation.

Locations (1 total)

Kura, Karfi and Dan-Hassan communities, Kano, Nigeria