

# Effect of Instrument-assisted Soft Tissue Mobilization on Functional and Cognitive Abilities in Elderly

NCT07208630

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Cairo University
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (3)

- elderly subjects aged range from 65-75 years old will participant in the study from both genders.
- had cognitive abilities to understand explanations and instructions
- did not take any medication that can affect their balance.

### Exclusion (4)

- They neither had sever musculoskeletal disorders
- Nor neurological damage related to balance (dizziness, vestibular dysfunction)
- Nor orthostatic hypotension
- Nor health risk factors.

## Locations (1 total)

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Faculty of physical therapy, Giza, Egypt