

# Impact of the Inno Cleanse Dietary Supplement on Gut Health and Associated Variables in Healthy Men and Women

NCT07215351

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Memphis
Enrollment	30 participants

## Key Eligibility Criteria

---

### Inclusion (2)

- experience regular (2 or more days per week) bloating or constipation
- able to fast a minimum of 12 hours prior to testing visit

### Exclusion (18)

- pregnant, planning to become pregnant, or breastfeeding
- sensitivity or allergic to any components of the study product (cascara sagrada bark powder, cape aloe leaves extract, senna leaf powder, frangula bark powder fennel seed powder, bentonite clay, burdock root powder, licorice root extract, slippery elm bark powder, Capsicum annuum L. Fruit powder, milk thistle seed powder, hydroxypropyl methylcellulose, cellulose, and silicon dioxide).
- experienced a severe allergic reaction that resulted in emergency care
- diagnosed with medical disorders linked to digestive/gut health such as celiac disease, crohn's disease, gastroesophageal reflux disease, heartburn, irritable bowel syndrome, ulcerative colitis, ulcers, etcetera.
- experiencing regular diarrhea

... and 13 more (see full listing online)

## Locations (1 total)

---

Center for Nutraceutical and Dietary Supplement Research, Memphis, Tennessee, United States