

# Stepped-Care Intervention of Music and Imagery to Assess Relief (SCIMITAR) Trial

NCT07217821

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Henry M. Jackson Foundation for the Advancement of Military Medicine
<b>Enrollment</b>	180 participants

## Key Eligibility Criteria

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### Inclusion (4)

- musculoskeletal pain in the low back, cervical spine, or extremities (hips, knees, or shoulders) for e 3 months
- at least moderate pain severity, defined as a PEG score e 4 on a 0 (no pain) to 10 (worst pain)
- access to computer, tablet, or smartphone
- ability to pass a technology assessment

### Exclusion (5)

- Past month hospitalization for medical or psychiatric illness
- housing insecurity
- suicidal ideation with current intent/plan
- hearing or cognitive impairment that may interfere with music listening or abstract thinking needed for imagery work
- currently receiving music therapy services

## Locations (1 total)

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Veterans Health Indiana, Indianapolis, Indiana, United States