

Phase 1 Pilot of a Pragmatic Trial of EAET for Veterans With Chronic Pain

NCT07218757

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, Los Angeles
Enrollment	84 participants

Key Eligibility Criteria

Inclusion (4)

- Veteran at one of 7 VA healthcare systems;
- Age 18 years or older;
- At least 3 months of musculoskeletal pain, defined using International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) diagnostic codes, which include the following M-code diagnoses: back pain, fibromyalgia, limb pain, neck pain; R-code diagnoses: pelvic and perineal pain, jaw pain; and G-code diagnoses: tension headaches; and
- Pain of at least moderate severity, defined as e4 "on average" on the 0-10 Numeric Pain Rating Scale

Exclusion (4)

- Poorly controlled major psychiatric illness (e.g., schizophrenia, bipolar I disorder with acute psychotic symptoms, severe manic or depressive episode listed as active in CPRS);
- Active suicide or violence risk (e.g., currently suicidal or homicidal ideation, intent, or plans);
- Active severe drug/alcohol use disorder (e.g., drinking more than intended, tried to stop but couldn't, spent significant time drinking or being sick from aftereffects, wanted drink so badly you couldn't think of anything else, interference with home or work life, continued to drink despite problems, given up on activities, dangerous situations, withdrawal and/or tolerance); and
- Current participation in CBT-CP or EAET, or participation in either intervention in the last 6 months, via clinical care or another research study.

Locations (1 total)

University of California, Los Angeles, Los Angeles, California, United States