

# Whole-Body Photobiomodulation Use in Professional Soccer Players During a State Championship

NCT07224646

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidade Federal de Sao Carlos
Enrollment	24 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Male professional soccer players currently competing in the championship
- Age 18-35 years
- Training frequency e5 times per week
- Able to attend all PBM/sham sessions and all assessments during the 8-week intervention
- Signed informed consent

### Exclusion (5)

- Lower-limb musculoskeletal injury in the last 6 months or currently receiving treatment
- Current use of phototherapy or any other recovery-enhancing modality
- Chronic medical conditions that may affect performance or recovery
- Known sensitivity or contraindication to light-based therapies
- Inability to comply with the intervention or training schedule

## Locations (1 total)

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Desportivo Brasil Training Center, Porto Feliz, São Paulo, Brazil