

Comparison of Treadmill and Outdoor Walking in Patients With Fibromyalgia

NCT07228897

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ankara Etlik City Hospital
Enrollment	54 participants

Key Eligibility Criteria

Inclusion (7)

- Be between the ages of 25 and 55
- Be female
- Have not engaged in regular physical activity for the past 3 months
- Have been using the same medical treatment for at least 1 month prior to the study (amitriptyline, duloxetine/milnacipran, pregabalin, cyclobenzaprine)
- Volunteering to participate in the study
- ... and 2 more (see full listing online)

Exclusion (7)

- History of cardiac or pulmonary disease
- Changes in medical treatment during the study period
- Use of different injection methods (ozone therapy, neural therapy, acupuncture, etc.) at least 3 months prior to the study or during the study period
- History of rheumatological disease
- Pregnancy or breastfeeding
- ... and 2 more (see full listing online)

Locations (1 total)

Etlik City Hospital, Ankara, Yenimahalle, Turkey (Türkiye)