

Interaction Between White Potato Consumption and Meal Timing on Glycemic Response and Appetite in Adults

NCT07230951

Status	RECRUITING
Phase	Not Applicable
Sponsor	Toronto Metropolitan University
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (2)

- years
- within the healthy body weight range \[body mass index (BMI) between 18.5 - 24.9 kg/m²\].

Exclusion (6)

- have a previous diagnosis of diabetes and gastrointestinal, liver or kidney disease;
- have had a major medical or surgical event within the past 6 months;
- have had any significant weight fluctuation in the past 6-months;
- are taking medication that may influence dependent measures;
- are or have been on a diet within the past 6 months;

... and 1 more (see full listing online)

Locations (1 total)

Centre for Urban Innovation (CUI-109), School of Nutrition, Toronto Metropolitan University, Toronto, Ontario, Canada