

# Insulin Resistance in Gestational Diabetes Mellitus

NCT07231341

---

**Status** RECRUITING  
**Sponsor** University of Aarhus  
**Enrollment** 100 participants

## Key Eligibility Criteria

---

### Inclusion (1)

- All singleton pregnant women with gestational diabetes mellitus (GDM) between gestational age (GA) 28+0 and 34+6 attending the obstetric outpatient clinic at Aarhus University Hospital, Aarhus, Denmark or Gødstrup Hospital, Herning, Denmark will be offered participation.

### Exclusion (7)

- Pre-gestational diabetes
- Age  $\leq$  18 years
- Multiple pregnancies
- Chronic disease that is not well-controlled and is expected to influence study outcomes (including inflammatory diseases such as rheumatologic, gastroenterological, etc.)
- Treatment with systemic corticosteroids
- ... and 2 more (see full listing online)

## Locations (2 total)

---

Aarhus University Hospital, Aarhus, Denmark  
Gødstrup Hospital, Herning, Denmark