

The Effect of Urolithin A (Mitopure®) Supplementation on Muscle Strength in Healthy Middle-Aged Adults

NCT07231783

Status	RECRUITING
Phase	Not Applicable
Sponsor	Amazentis SA
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (8)

- \. Be able to give written informed consent.
- \. Be between 40 to 65 years of age, inclusive.
- \. Has a BMI between 25.0 and 34.9 kg/m².
- \. Low physical activity levels as assessed by the International Physical Activity Questionnaire (IPAQ).
- \. Participants with low VO₂ peak (defined as <35 mL/kg/min via the ergometer prior to baseline).

... and 3 more (see full listing online)

Exclusion (37)

- \. Participants who are pregnant or wish to become pregnant during the study or who are lactating and/or currently breastfeeding.
- \. Participants currently of biological childbearing potential, but not using a continuous effective method of contraception, as outlined below:
 - a. Complete abstinence from intercourse two weeks prior to administration of the Study Product, throughout the clinical study, until the completion of follow-up procedures or for two weeks following discontinuation of the Study Product in cases where Participant discontinues the study prematurely. (Participants utilising this method must agree to use an alternate method of contraception if they should become sexually active and will be queried on whether they have been abstinent in the preceding two weeks when they present to the clinic for the final visit).
 - b. Has a male sexual partner who is surgically sterilised prior to the Screening Visit and is the only male sexual partner for that Participant.
 - c. Sexual partner(s) is/are exclusively female.

... and 32 more (see full listing online)

Locations (1 total)

Atlantia Clinical Trials, Cork, Ireland