

The Investigation of the Effectiveness of Virtual Reality Applications in Postmenopausal Osteoporosis Patients

NCT07231822

Status	RECRUITING
Phase	Not Applicable
Sponsor	Kirsehir Ahi Evran Universitesi
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (6)

- Postmenopausal women aged 50-75 years
- Individuals diagnosed with osteoporosis based on Dual-Energy X-ray Absorptiometry (DEXA) measurement (T-score ≤ -2.5)
- Having been in menopause for at least 1 year
- Being able to walk independently (without the use of assistive devices)
- Volunteering to participate in the study and having provided informed consent

... and 1 more (see full listing online)

Exclusion (6)

- Secondary osteoporosis diagnosis (e.g. endocrine, metabolic or drug-induced causes)
- History of lower limb fracture or surgical intervention within the last 6 months
- Individuals with severe cardiovascular, neurological, or musculoskeletal disorders
- Individuals with vestibular or visual impairments that may affect balance
- Intolerance to virtual reality applications (e.g., dizziness, nausea, etc.)

... and 1 more (see full listing online)

Locations (1 total)

Kirsehir Ahi Evran University, Center, Kirsehir, Turkey (Türkiye)