

The Effects of Immersive Virtual Reality in Patients With Grade 1-2 Adhesive Capsulitis

NCT07236229

Status	RECRUITING
Phase	Not Applicable
Sponsor	Bahçe_ehir University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (5)

- Diagnosed with adhesive capsulitis by a doctor
- Classified as Grade 1-2 adhesive capsulitis
- Receiving physiotherapy for adhesive capsulitis for the first time
- Aged between 18 and 64 years
- Suitable for using a VR headset

Exclusion (4)

- Previous history of physiotherapy
- Presence of any mental disorder
- Recent surgery or any shoulder condition (e.g., fractures around the shoulder region) that contraindicates shoulder mobilization
- History of receiving injections

Locations (1 total)

Kanuni Sultan Suleyman Training and Research Hospital, Küçükçekmece, Istanbul, Turkey (Türkiye)