JDS-HF3.0 Supplementation on Menopause Related Quality of Life Outcomes in Postmenopausal Women

NCT07238478

Status	RECRUITING
Phase	Not Applicable
Sponsor	Bonafide Health
Enrollment	250 participants

Key Eligibility Criteria

Inclusion (9)

- Healthy biological females who are 50-70 years of age (inclusive).
- Have a body mass index (BMI) between 18.5 to 34.9 kg/m2 (inclusive).
- Self-reported as postmenopause. Defined as 12 months without a menstrual cycle in individuals who undergo "Natural" Menopause (Not Surgically or medically induced) and who have self-reported menopausal outcomes for the past 6 months.
- Have self-reported menopause related joint outcomes of moderate or severe severity according to a perceived discomfort greater or equal to 5 and less than 10 on a scale of 0-10 (participants rating their discomfort 5-9 will be included).
- Have self-reported \> or equal to 4 hot flashes on average per day.

... and 4 more (see full listing online)

Exclusion (20)

- Individuals who are lactating, pregnant, or planning to become pregnant during the study.
- Active participation in a clinical trial.
- Use of any treatment for menopausal outcomes or other concomitant treatments for menopausal symptoms, joint health or at the discretion of the investigator. (Participants may be deemed ineligible at the discretion of the investigator if the medication may cause adverse interaction.)
- Have a known sensitivity, intolerability, or allergy to any of the study product or their excipients.
- Use of Glucosamine and/or Chondroitin for joint outcomes in the last 3 months prior to screening.

... and 15 more (see full listing online)

Locations (1 total)

Bonafide Health, Harrison, New York, United States