

"Knee Joint Position Sense and Dynamic Balance in Females With Primary Dysmenorrhea

NCT07239232

Status RECRUITING
Sponsor Cairo University
Enrollment 62 participants

Key Eligibility Criteria

Inclusion (5)

- They should be virgin, healthy female students
- They have regular menstruation (3-8 days in duration, with 21-35 days in-between).
- They should have the same activity level mild active female.
- Their ages will range from 18 to 25 years old.
- Their body mass index (BMI) will range from 18 to 24.9 Kg/m².

Exclusion (5)

- History of knee injury, surgery in the knee or spinal vertebrae.
- Females having any vestibular problems, otitis media, labyrinthitis or any inner ear problems that affect balance
- Women with any cognitive deficits
- History of neuromuscular or spinal disease.
- History of pelvic pathology or any gynecological disease.

Locations (1 total)

Cairo University, Giza, Egypt