

A Robot-assisted Tailored Activity Programme for People With Dementia and Their Caregivers

NCT07239869

Status	RECRUITING
Phase	Phase 1
Sponsor	The Hong Kong Polytechnic University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (9)

- mild to moderate stage dementia at a standardized mini-mental state examination score (MMSE) higher than 10;
- be able to walk independently;
- being physically inactive (categorized as "low/inactive" by the International Physical Activity Questionnaire);
- free from other medical/functional conditions that would limit physical activity.
- primary informal caregivers who reside with the of the person with dementia;
- ... and 4 more (see full listing online)

Exclusion (7)

- high risk of falling (Berg Balance Scale ≤ 45);
- not be suitable for doing physical activity as recommended by the primary care physician;
- currently involved in another interventional study involving physical exercise;
- had acute hospitalization >3 times in the past year.
- caregivers with unstable physical or mental conditions;
- ... and 2 more (see full listing online)

Locations (1 total)

The Hong Kong Polytechnic University, Hong Kong, Hong Kong