

# Follow-up Extension Study of Regular Physical Exercise in Patients With Symptomatic Intracranial Arterial Stenosis

NCT07242768

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**Status** RECRUITING  
**Sponsor** Capital Medical University  
**Enrollment** 1,300 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Participants who enrolled in the RESIST trial and completed the 12-month follow-up.
- Written informed consent to participate in this 3-year observational extension.

### Exclusion (1)

- Participants who withdrew consent in the RESIST trial, decline to participate in this extension, or were lost to follow-up at 12 months.

## Locations (1 total)

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Xuanwu Hospital, Capital Medical University, Beijing, China