

Amino Acids in the Blood After Eating Yoghurt and Milk Proteins

NCT07243730

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nutricia Research
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (5)

- Age e 18 and d 40 years at the time of (Informed Consent Form) ICF signature
- Body Mass Index (BMI) e 18.5 and d 29.9 kg/m²
- Signed informed consent
- Willingness and ability to comply with the protocol
- Judged by the Investigator to be in good health.

Exclusion (21)

- Any known surgery or ongoing medical condition that interferes significantly with protein absorption and digestion, and/or gastrointestinal (GI) function in the opinion of the investigator, including but not limited to the following: phenylketonuria, pancreatitis, short bowel syndrome, inflammatory bowel disease, celiac disease, gastroesophageal reflux disease, gastric ulcer, chronic gastritis, gastrointestinal cancer, esophageal and/or gastric surgery, and any cardiovascular disease (such as hypertension, arrhythmia, or atrial fibrillation) which is not controlled with the use of medication/therapy.
 - Known renal or hepatic diseases that may interfere with protein metabolism in the opinion of the investigator, including but not limited to acute hepatitis, chronic liver disease, nephritis, cystinuria, chronic kidney disease.
 - Use of systemic medication within the past 3 weeks prior to screening which in the opinion of the investigator may influence gastric acid production and/or gastrointestinal motility or function and/or protein metabolism (e.g., antibiotics, anticonvulsants, prokinetics, antacids or gastric acid inhibitors, opioid analgesics, anticoagulants, corticosteroids, laxatives, growth hormone, testosterone, immunosuppressants, or insulin).
 - Known Diabetes Mellitus Type I or Type II, insulin resistance, or metabolic syndrome.
 - Any ongoing cancer and/or cancer treatment (except for non-melanoma skin cancer or carcinoma in situ).
- ... and 16 more (see full listing online)

Locations (1 total)

EB Medical Research, Almere Stad, Netherlands

<https://clinicaltrials.gov/study/NCT07243730>

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