

Smartphone vs Manual Interpretation of Biomarkers for Ovulation and Luteal Phase Detection (SMOM Study)

NCT07248046

Status RECRUITING
Sponsor Bruyère Health Research Institute.
Enrollment 30 participants

Key Eligibility Criteria

Inclusion (7)

- Female, aged 16 to 45
- Natural menstrual cycles equal or less than 35 days
- Off hormonal contraception for more than 3 months
- Current user of the Premom App
- Willing to track cervical mucus, LH, PDG, and BBT for 3 full cycles
- ... and 2 more (see full listing online)

Exclusion (6)

- Pregnant or breastfeeding
- Current hormonal therapy or contraception
- Known anovulatory disorders, e.g., Polycystic Ovary Syndrome, hypothalamic amenorrhea.
- Very irregular or absent cycles
- Not using the Premom App
- ... and 1 more (see full listing online)

Locations (1 total)

St. Laurent Ideal Clinic, Ottawa, Ontario, Canada