

Starting Early to Prevent Obesity Using Telehealth (StEP OUT): Pilot RCT

NCT07254065

Status	RECRUITING
Phase	Not Applicable
Sponsor	Northwell Health
Enrollment	130 participants

Key Eligibility Criteria

Inclusion (6)

- Pregnant with singleton of 24 to 32 weeks estimated gestational age
- Self-identify as Hispanic/Latinx
- Speak fluent English or Spanish
- At least 18 years of age
- Has a phone or device to participate in video calls

... and 1 more (see full listing online)

Exclusion (3)

- Diminished mental capacity
- Serious medical or psychiatric illness
- Fetal condition expected to substantially influence infant feeding (anatomic abnormality, such as cleft lip/palate or one that will require surgery within the first six months of life, chromosomal abnormality, such as Down's syndrome or other trisomy, etc.)

Locations (1 total)

Northwell Health, New Hyde Park, New York, United States