

Cereboost (American Ginseng Extract) and Brain Function

NCT07255755

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of East Anglia
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (13)

- To be eligible for inclusion, the Participant must fulfil all the following criteria:
- Be able to give written informed consent.
- Be between 18-40 years, inclusive.
- Depression Anxiety and Stress Scale scores (DASS-21):
- Depression d9
- ... and 8 more (see full listing online)

Exclusion (27)

- Participants will be excluded from the study if they meet any of the following criteria:
- Participants who are pregnant or wish to become pregnant during the study or who are lactating and/or currently breastfeeding.
- Has food allergies or other issues with foods that would preclude intake of the Study Products.
- Not willing to consume gelatine from bovine/porcine source
- Has a BMI ≤ 18.5 or ≥ 30 kg/m²
- ... and 22 more (see full listing online)

Locations (2 total)

Quadram Institute Clinical Research Facility, Norwich, Norfolk, United Kingdom
University of East Anglia, Norwich, Norfolk, United Kingdom