

Impact of Dairy Integration Into Canadian Food Guide on Gut Health

NCT07257913

Status	RECRUITING
Phase	Not Applicable
Sponsor	Laval University
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (2)

- IMC \lt 45
- Waist circumference \gt 80 cm (Women) or 94 cm (men)

Exclusion (8)

- History of diabetes (types 1 and 2), CVD, enteropathy, immune diseases or bariatric surgery
- Cancer (diagnostic and/or treatment) during the last 5 years
- Antibiotic consumption during the last 3 months
- Active smoking or cannabis consumption
- Lactose intolerance or allergy, any allergies to foods given in the intervention phases
- ... and 3 more (see full listing online)

Locations (1 total)

Institute of Nutrition and Functional Foods (INAF), Québec, Quebec, Canada