

Comparison of the Effects of Virtual Reality-Based Interventions on Foot Function, Foot Pressure, and Balance in Sedentary Individuals

NCT07260747

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul Medipol University Hospital
Enrollment	45 participants

Key Eligibility Criteria

Inclusion (3)

- Sedentary Individual
- Individuals between the ages of 18-25
- Being a university student

Exclusion (4)

- Athletes
- Individuals with orthopedic or neurological problems.
- Surgery history
- Cognitive impairment

Locations (1 total)

Bahçe_ehir University Health Center, Istanbul, Turkey (Türkiye)