

Comparing Staples Versus Polypropylene Sutures for Mesh Fixation in Inguinal Hernia Repair in Terms of Postoperative Pain

NCT07261189

Status	RECRUITING
Phase	Not Applicable
Sponsor	Jinnah Postgraduate Medical Centre
Enrollment	168 participants

Key Eligibility Criteria

Inclusion (5)

- Male patients aged 20 to 60 years.
- Patients undergoing elective Lichtenstein tension-free mesh repair for unilateral, uncomplicated inguinal hernia (direct or indirect).
- Body Mass Index (BMI) between 19 and 30 kg/m².
- ASA physical status I, II, or III.
- Patients willing to participate and provide informed consent.

Exclusion (4)

- Diabetic patients (on medical records).
- Bilateral or recurrent inguinal hernia.
- Complicated hernia (irreducible, obstructed, or strangulated).
- Patients unwilling to participate or who fail to complete follow-up.

Locations (1 total)

Jinnah Postgraduate Medical Centre, Karachi, Sindh, Pakistan