

Deep Breathing Combined With Core Stability Exercises in the Treatment of Patients With Ankylosing Spondylitis

NCT07262294

Status	RECRUITING
Phase	Not Applicable
Sponsor	Beni-Suef University
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (5)

- Receiving the same medical treatment
- Age range between 20 and 45 years
- Includes both male and female patients
- Diagnosed with stable ankylosing spondylitis (AS) for at least 3 months
- Not engaged in any other rehabilitation programs within the last 6 months

Exclusion (2)

- Presence of other systemic or neurological disorders
- Any change in medication within the last 6 months

Locations (1 total)

Beni Suef University Hospital, Ban+ Suwayf, Egypt