

PREPARE: Perioperative REhabilitation Around Vaginal Prolapse Repair Surgery for Recovery Enhancement

NCT07265973

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of New Mexico
Enrollment	92 participants

Key Eligibility Criteria

Inclusion (4)

- Subjects are ≥ 18 years of age
- English or Spanish speaking
- Stage 2, 3 or 4 uterovaginal or vaginal vault prolapse.
- Patient scheduled to undergo transvaginal sacrospinous ligament suspension, uterosacral ligament suspension, or Manchester procedure at The University of New Mexico Hospital.

Exclusion (7)

- Inability to speak English or Spanish
- Currently enrolled in Pelvic floor physical therapy
- Inability to perform the home exercises
- Dementia
- Inability to fill out questionnaires
- ... and 2 more (see full listing online)

Locations (1 total)

University of New Mexico Hospital, Albuquerque, New Mexico, United States