

Effects of Neck Stabilizers Retraining on Chronic Neck Pain

NCT07266610

Status	RECRUITING
Phase	Not Applicable
Sponsor	Lahore University of Biological and Applied Sciences
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (2)

- Diagnosis: Chronic neck pain (duration more than 3 months and less than 1 year and 6 months)
- TMJ Dysfunction (RCD TMJ Axis I Confirmation on Helkino Index) Fonseca Anamnestic Index (FAI) 20-65 score mild to moderate

Exclusion (4)

- Traumatic neck injury
- Neurological disorders
- Cervical spine infection or surgery
- Cancer

Locations (1 total)

Pakistan Society for the Rehabilitation of the Disabled (PSRD), Lahore, Punjab Province, Pakistan