

Lifestyle Intervention to Improve Twin Pregnancy Outcomes

NCT07270640

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universitaire Ziekenhuizen KU Leuven
Enrollment	81 participants

Key Eligibility Criteria

Inclusion (4)

- Prior to any randomization or intervention, participants must have provided voluntary written informed consent.
- Diagnosis of dichorionic twin pregnancies must align with the acceptance criteria.
- Participants must be recruited before the 14th week of gestation.
- Proficiency in Dutch, English, or French is required.-

Exclusion (32)

- Participant has a history of pre-existing diseases or condition impacting their diet:
 - pre-gestational diabetes
 - severe heart disease,
 - chronic renal disease,
 - celiac disease,
- ... and 27 more (see full listing online)

Locations (4 total)

CHU Brugmann, Brussels, Belgium
Ziekenhuis Oost-Limburg, Genk, Belgium
UZ Leuven, Leuven, Belgium
... and 1 more locations