

# The Effect of Graded Forced Expiration on Intraocular Pressure

NCT07274176

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Status	RECRUITING
Phase	Not Applicable
Sponsor	U_ak University
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Aged 18 years or older.
  - Willing and able to provide informed consent.
  - Have a best-corrected visual acuity of 6/12 or better.
  - Able to understand and follow instructions for using the Airofit device.
  - Have an optic nerve cup/disc ratio not exceeding 0.5, and have a c/d difference between both eyes not exceeding 0.2.
- ... and 1 more (see full listing online)

### Exclusion (4)

- a history of intraocular surgery,
- a history of uveitis,
- a spherical refractive error exceeding 3D,
- a history of regular topical treatment other than artificial tears

## Locations (1 total)

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University of Usak, U\_ak, Turkey (Türkiye)