

# Inspiratory Muscle Training in Patients With Inflammatory Myopathy

NCT07274267

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Józef Piłsudski University of Physical Education
<b>Enrollment</b>	33 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Diagnosis of inflammatory myopathy according to European Alliance of Associations for Rheumatology / American College of Rheumatology criteria
- Age e 18 years
- Stable clinical condition allowing participation in physical activity
- Ability to understand and follow instructions
- Written informed consent to participate in the study

### Exclusion (7)

- Cognitive impairment preventing proper exercise performance
- Current respiratory tract infection
- Previous respiratory muscle training within the last 12 months
- History of spontaneous pneumothorax
- Pulmonary hypertension
- ... and 2 more (see full listing online)

## Locations (1 total)

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University Clinical Center of the Medical University of Warsaw, Warsaw, Poland