

UL Smile: A Mobile Health Application to Promote Oral Health in Portuguese Adolescents

NCT07276191

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Lisbon
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (5)

- Be aged between 15 and 18 years at baseline.
- Be fluent in Portuguese.
- Have access to a mobile phone or computer/tablet with internet.
- Be willing to participate in the study by providing signed assent/consent. For participants under 18 years old, consent must be signed by a legal guardian.
- Use of the app at least twice during the first month of the study.

Exclusion (2)

- Current or previous use of any oral health-related mobile application.
- Not being responsible for their own oral hygiene.

Locations (1 total)

Faculty of Dental Medicine, University of Lisbon, Lisbon, Lisbon District, Portugal