

The COMParing App Support Strategies Study

NCT07278466

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Wisconsin, Madison
Enrollment	688 participants

Key Eligibility Criteria

Inclusion (4)

- Elevated symptoms of depression and/or anxiety (PHQ-9 greater than or equal to 10, GAD-7 greater than or equal to 10)
- Proficiency in English
- Access to a smartphone and internet
- Ability to receive text messages

Exclusion (5)

- Non-US citizen or legal resident (green card holder)
- History of psychosis or mania
- Suicidal ideation or thoughts of self-harm indicated by PHQ9 item 9 and BDI item 9
- Individuals who do not provide the information required for GUID generation
- Previous participation

Locations (1 total)

Center for Healthy Minds, Madison, Wisconsin, United States