

Comparative Efficacy of Organizational Skills Training (OST) and Mindfulness-Based Intervention (MBI)

NCT07281092

Status	RECRUITING
Phase	Not Applicable
Sponsor	Seattle Children's Hospital
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (3)

- Adolescent between the ages of 13-17 years
- Pre-existing diagnosis of ADHD in medical record
- Seeking treatment at the Seattle Children's Hospital BAM Clinic

Exclusion (2)

- Psychiatric comorbidity that interferes with treating ADHD as the presenting concern per the study team.
- Other concerns besides ADHD that would interfere with study participation according to the study team.

Locations (2 total)

Seattle Children's Hospital, Seattle, Washington, United States
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