

Helping Lupus Patients Manage Fibromyalgia Symptoms Through Emotional Awareness and Expression Therapy (EAET)

NCT07282392

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Utah
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (3)

- Adults of all genders, ages 18-65.
- A diagnosis of lupus and fibromyalgia or chronic widespread pain by a licensed rheumatologist
- Be on a stable medication regimen.

Exclusion (11)

- Serious psychiatric disorders (e.g., schizophrenia or bipolar disorder) uncontrolled with medications.
- Active suicidal ideation.
- Untreated alcohol or substance use disorder.
- Substantial cognitive impairment.
- Changes in medications in the past 3 months.

... and 6 more (see full listing online)

Locations (1 total)

University of Utah, Salt Lake City, Utah, United States