

Comparative Effects of Cognitive Functional Therapy With Kinetic Control Training on Non-specific Low Back Pain

NCT07282925

Status	RECRUITING
Phase	Not Applicable
Sponsor	Lahore University of Biological and Applied Sciences
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (4)

- Patients of both sexes
- Aged between 19 to 39
- Patients who score 6 points or higher on the Roland-Morris Disability Questionnaire (RMDQ) at the time of screening
- Patients who will have Non-Specific Chronic Low Back pain for at least 3 months duration

Exclusion (6)

- If the primary pain area is not the lumbar spine.
- If leg pain is the primary problem.
- If patient have inflammatory disease.
- If patient have progressive neurological disease.
- If patient have red flag disorders (malignancy/cancer, traumas such as fracture).
- ... and 1 more (see full listing online)

Locations (1 total)

Private Physical Therapy Clinic, Lahore, Punjab Province, Pakistan