

Biofeedback-Assisted Short Foot Exercises in Flexible Flatfoot

NCT07286773

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (3)

- Voluntary participants aged 18 to 45 years
- Diagnosis of flexible pes planus
- No history of surgery, fracture, or psychiatric disorder

Exclusion (3)

- Diagnosis of rigid pes planus
- Age younger than 18 years or older than 45 years
- History of psychiatric disorder or lower extremity trauma

Locations (2 total)

Ostanbul University-Cerrahpa_a, Istanbul, Büyükçekmece, Turkey (Türkiye)
Department of Orthopedics and Traumatology, Istanbul Faculty of Medicine, Istanbul University, Istanbul, Fatih, Turkey (Türkiye)