

Chiropractor Delivered Virtual Intervention After Vertebral fracture

NCT07288684

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Waterloo
Enrollment	15 participants

Key Eligibility Criteria

Inclusion (4)

- Over the age of 50 (men or post-menopausal women)
- Have had a vertebral fracture in the past two years
- Willing to participate in twelve (12) virtual rehabilitation sessions for 10 weeks
- Have access to internet and a smart device with a camera and microphone

Exclusion (7)

- Cauda equina syndrome or spinal cord injury
- Had a traumatic fracture (i.e., car accident)
- An active infection
- Active inflammatory arthritis with a flare up within the past two years
- An inability to follow two-step commands or understand instructions and are without a caregiver to support participation
- ... and 2 more (see full listing online)

Locations (1 total)

University of Waterloo, Waterloo, Ontario, Canada