

# Effects of Respiratory Muscle Training in Post-bariatric Surgery Patients

NCT07289958

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Ramon Llull
Enrollment	52 participants

## Key Eligibility Criteria

---

### Inclusion (3)

- Patients diagnosed with obesity within 1 month of bariatric surgery
- Both sexes
- Ages 18 to 60

### Exclusion (4)

- Patients with respiratory conditions that contraindicate physical exercise
- Patients with diagnosed heart disease
- Patients with psychiatric conditions
- Patients with osteoarticular conditions that make physical exercise difficult

## Locations (1 total)

---

Carlos Andrade Marín Hospital, Quito, Pichincha, Ecuador